

GPay shopping program Functional skill program at Together Foundation, Mumbai

Goal:

- To empower adults with autism to be able to shop independently and with dignity. The advantages of the program are that an autistic adult can shop even without knowledge of currency and denominations.
- The disadvantage of this program is that it can be misused by both the adult and a third party. The parent will have to ensure that access to the phone is supervised.
- This program is conceptualised by Sangeetha Chakrapani and is an inhouse training program at Together Foundation for individuals with autism.

What you will need before starting the program? Level 1

- Phone enabled with Gpay.
- Gpay code must be known to the adult and teacher.
- Create a mock shop with an in tray and out tray. In tray
 will have the adult's shopping bag. Out tray will have
 instant eatables of Rs. 5 or Rs. 10 (biscuits, etc.), an
 empty bowl into which the adult will place the chosen
 product. After payment, the adult will take the chosen
 product and put it in the bag.
- Gpay QR code of the person to whom the payment has to be made. QR code must be stuck in a separate place, away from the in tray and out tray. This is to avoid the code getting scanned automatically when the adult opens Gpay. The adult will have to specifically locate the code and then only scan it.

Level 1 methodology: Create a mock shop at home

- Ask the adult to place the shopping bag in the in tray.
- Show him the shop with 5 objects and ask him to choose any 1 object; if he chooses more than 1, let it be.
- Ask him to segregate his chosen object in the bowl.
- Ask the adult to find Gpay on phone, open it, show him the piece of paper in which the code has been written. Ask him to copy type.
- Shopkeeper will write the total amount to be paid on the piece of paper. Adult will copy type. Again, the passcode will have to be entered. Therefore, while teaching this program, the two papers should not get mixed up. after a few attempts, the adult would have memorised the passcode and only one piece of paper will be needed to write the amount.
- Ask the adult to show the payment confirmation to the shopkeeper and also say/ sign bye.

Level 2

Once the adult has learnt how to swipe the phone, locate Gpay, enter passcode, enter the amount to be paid – only then can level 2 be started by visiting an external shop.

- It is important to make it collaborative experience to prevent it from becoming a mechanical and dictated program. Before going to the external grocery store have a patient discussion.
 We are going to the shop. These are all the things we can buy (show list), let us decide what you want to buy. The co-worker will help choose the product category by category. The adult will decide what to buy before going the shop and mark those products with sketch pen which can be erased later.
- Make the engagement respectful and open in a public space like a shop even if there are other customers who may stop and stare, carry out your program calmly and clearly. Go at non- peak hours for shopping to make billing an easy experience.
- Take only one shopping card at a time. Do not attempt going to the shop with multiple shopping cards.
- The adult will refer to the shopping card and show the marked products to the shopkeeper. As he points every product, he should keep it aside before going to the next product.
- Once all the products have been selected, the adult will open Gpay and complete the transaction as described in level 1.
- Once the adult has understood the concept and shopped successfully in a grocery store, the program can be used in multiple ways – clothing store, vegetable shop, fruit shop, stationary, gift shop, etc.

For free download of more teaching programs, click here:

https://togetherfoundationtrust.org/atp/



Shopping list images

- 1. These are customizable pages and you can replace the images with products that are more suitable/recognizable by the special adults.
- 2. Do not print the pages as a booklet. Print them as 2 separate A4 sheets, back to back.

Sheet 1 has instant foods and personal hygiene products.
Sheet 2 has household utilities and grocery products.

3. Please laminate the sheets. every product box has an inside box that the adults can tick mark and decide in advance what they want to buy before going to the shop.

My chanina list

My Shopping hai			
Product	Image	Size	
Chocolate	Dairy Milk.	Small - 1	
Oreo	ROBEO COMPANDE DE LA	Small - 1	
Maggi	Maggi 2-Minute Parautite Magaia Tage Masala	Small - 1	
Tuico	Tropicana POMEGRANATE DELIGHT	Small 1	

Juice

Small - 1

Bread



Small - 1

Body soap	SILVER SHIELD FORMULA Lifebuoy 100% Stronger Germ Protector Total 10	Small - 1
Hair oil	Renachute Renachute Renachute	Small - 1
Shampoo	SUNSIK: SHAMPOO Black SHINE	Small - 1
Deodorant	NIVEA MEN FRESH ACTIVE ASIA MEN MEN FRESH ACTIVE MEN MEN MEN MEN MEN MEN MEN M	Small - 1
Comb		1 piece
Moisturizer	NIVEA TRANSITION LITTLE BODY MILK 48h TEATLE STATE THE MACHINE S	Small - 1



My shopping list

Product	Image	Size
Vim bar	NUM FOWER OF LEMONS	Small - 1
Scotch brite	Scotch- Brite Saubid	1 piece
Tide powder	NEW PARENTS OF THE POWER LAND LAND LAND LAND LAND LAND LAND LAND	100 gms
Dusting cloth		1 piece
Garbage bags		1 packet

Oil	SUN SILVER FOR FOR FOR FOR FOR FOR FOR FOR FOR FO	1 ltr
Salt	TATA Salt January Coursed Salt Salt Salt Salt Salt Salt Salt Salt	1/2 kg
Sugar	Refined Sugar	1/2 kg
Red chilli powder	EVEREST Kashmirilal Brillant Red Chill Powder Power in Powder language VI (2) Ja Jan Jahl Jahn Vivin VIV Vivin VIV	100 gms
Turmeric powder	Turneric Turn land land land land land land land lan	100 gms
Rice		1/2 kg